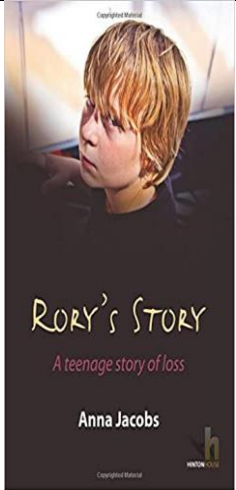
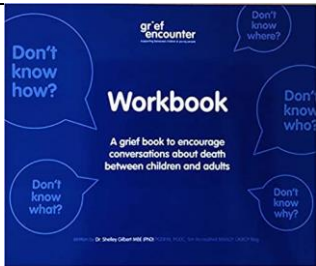
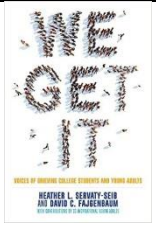
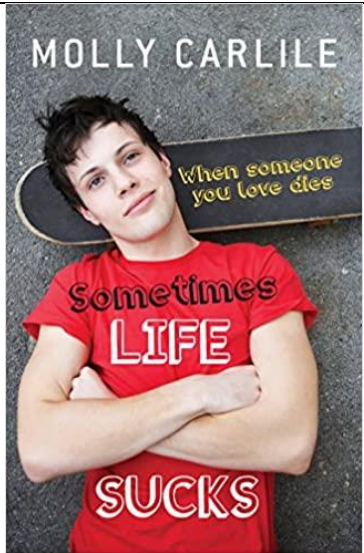
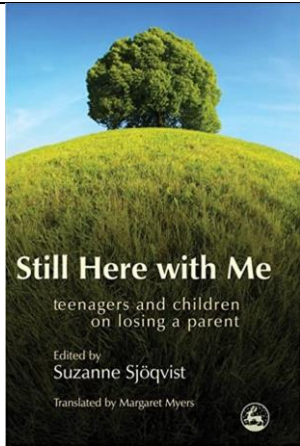
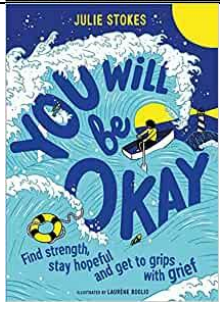
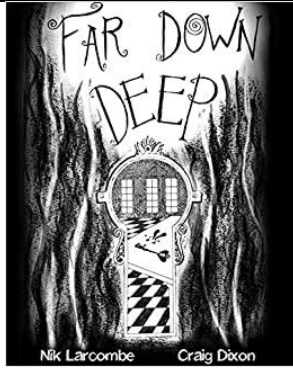


Teenage and YA books

	<p>13+</p>	<p>This therapeutic story: Is a gritty, readable story that teenagers will relate to; Explores the teenage experience of loss and bereavement; Can be used to support young people who have experienced loss; Will help teenagers understand the needs of their peers when loss occurs; Has notes for discussion on the themes of each chapter. This story can be used in conjunction with the practical workbook 'Supporting Teenagers through Grief &amp; Loss'. This useful tool which will help teachers, therapists and carers to support and understand the needs of adolescents facing loss.</p>
	<p>8+</p>	<p>A workbook to encourage conversations with children, young people and adults about death. Grieving is hard work, especially for parents and children in deep grief. The upward spiral of grief replaces stages theory and allows time for people to adjust to the fact that someone special has died. The book is full of creative activities and offers incredible comfort to mourners-old and young.</p>
	<p>16+</p>	<p>A unique collection of 33 narratives by bereaved students and young adults, this book aims to help young adults who are grieving and provide guidance for those who seek to support them.</p>

	<p>13+</p>	<p>Teenagers experience loss in all kinds of ways.</p> <p>Whether it's the death of a grandparent, pet or school friend, a teen fatality, a peer with terminal illness, living without a mum or dad, or the death of a celebrity, like everyone else teenagers also struggle to come to terms with their shock and grief.</p> <p>Full of helpful tips, stories and gentle advice, <i>Sometimes Life Sucks</i> helps teens navigate the loss of those they love.</p>
	<p>8+</p>	<p>This book is a moving and thoughtful anthology of the experiences of thirty-one children and teenagers who have lost a parent. In their own words, children and young people of a variety of ages talk openly and honestly about losing their mother or father.</p>
	<p>10+</p>	<p>The death of a parent, sibling or friend is one of the most traumatic experiences for a child or young person and it can be hard to know how to talk to them about it. In this honest, comforting and strength-building guide Julie Stokes, a clinical psychologist and founder of childhood bereavement charity Winston's Wish, provides readers with the tools they need to navigate this tough and turbulent time.</p>



12+

Grief is unique. It can be frightening and lonely. It can make you feel everything and nothing and it is deeply personal. Come with us on a journey 'Far Down Deep' as one young person descends through the surreal and bittersweet nightmare of grieving to reach what is locked away from the world: the inexpressible burden of loss, which might just be a little lighter when - with a little support - some of it is set free... With words by Nik Larcombe and stunning illustrations by Craig Dixon, 'Far Down Deep' is dedicated to all of those who have grieved like children for someone close.



9-13

This is aimed at supporting young people wrestling with the loss of someone close. The journal is designed to be used by a young person accompanied by a trusted adult - a parent or relative, youth worker, social worker or school mentor. The journal is designed deliberately in 'free form', can be written in and asks open questions to encourage the young person to reflect on and record their feelings about the loss.